



Never too late

***“It is of the Lord’s mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness.”
Lamentations 3:23***

You can start over just as well on today as you can on January 1. Why wait another 9 months to make the necessary life changes? Who says new beginnings can only take place on January 1? Every morning as we awake, God’s mercies and compassion are new to us. So what – you didn’t stick with your “New Year’s Resolutions”. A resolution without grit means nothing.

Here are 5 ways to “re-start” your life.

1. ***Start now!*** Don’t put it off another minute. Maybe you prefer to wait until summer is over, or until things slow down. Don’t kid yourself. Things won’t slow down. If you can’t start now, you won’t start when summer is over. There will never be a better time than NOW to start over.
2. ***Zip your lips.*** You think that if you tell someone else about your goals, they can hold you accountable. Sorry – not likely to happen. When others know everything, then it just makes your face redder when you fall. Yes, others can boost you psychologically for a time, but who’s going to cheer you on when they get tired and forget about your goals? Let your progress speak for itself. In Matt. 6:5 Jesus said to go inside the closet, close the door, and just talk to God. No one else needs to know your goals and how you are achieving them.
3. ***Take the bull by the horns.*** Without personal resolve those resolutions are meaningless. Resolutions are sweet; resolve is gritty. Resolutions are the war office; resolve is the trenches. Resolutions are fantasy; resolve is reality. Nothing will happen without a daily resolve to work hard. Be bold and say “No” to things that will not move you forward. Be brave and say “Yes” to the things that will push you toward your goals.
4. ***Be consistent!*** Yeah, somebody’s sitting back, taking it easy, creating apps for everything in life. Those apps, or the exercise machines, or the study books (you get the picture) don’t mean a thing unless there is someone actually using them. The newness will wear off, the excitement will dwindle, but consistency will keep you going. Consistency means you go to bed at night with the resolve that you’re gonna get up and work hard tomorrow.
5. ***Trust God.*** Don’t trust yourself. Don’t trust the “elliptical”. Get into God’s Word. Allow The Holy Spirit to be the one who cheers you on. Allow Him to build a strong self-discipline/spirit-discipline in you. As you worship God, and become more passionate about Him, you will find that your life will begin to change. When you do everything to please Him and bring glory to Him, it all becomes worthwhile.

Today is as good a day as any to make it the *first day of the rest of your life!!!*