

HUNGRY FOR KNOWLEDGE?

OR

FEEDING ON TRASH?

“The heart of him that hath understanding seeketh knowledge: but the mouth of fools feedeth on foolishness.”

Proverbs 15:14 KJV

“A wise man is hungry for knowledge, while the fool feeds on trash.”

Proverbs 15:14 NLT

“You say, ‘I am allowed to do anything’ – but not everything is good for you. You say, ‘I am allowed to do anything’ – but not everything is beneficial.”

I Corinthians 10:23 NLT

“But test everything that is said. Hold on to what is good. Stay away from every kind of evil.”

I Thessalonians 5:21-22 NLT

Think about your social media habits. Do they reveal a person who hungers for knowledge or a person who feeds on trash? Do you truly honor God in every post, every search, every bit of social media contact?

**Do you become anxious and irritable when
you are separated from your smartphone/tablet/computer, etc.?
How much time do you spend each day with your eyes fixated on a screen?**

Like all good things common to mankind, Wi-Fi and all that it allows us to access can become a distraction, if it's use is not guided by The Holy Spirit. Reread the beginning verses (top of the page). To live healthy, we must make healthy choices and exercise self-discipline as well as spirit-discipline. The healthy diet may not be as enticing as junk food, but the choice is ours.

So it is with all things pertaining to the web and social media. We must exercise self-discipline AND spirit-discipline.

- Do your social media posts reflect “*the heart of the godly who thinks carefully before speaking*” or “*the mouth of the wicked that overflows with evil words*” (Proverbs 15:28 NLT)?
- Evaluate those you follow on social media: do the things they post “*bring joy to those with no sense*” or “*encourage sensible living*” (Prov. 15:21 NLT)?
- Would Jesus enjoy reading the conversations you follow?
- How do you feel in your spirit after spending time on the web?
- How do you feel in your spirit after spending time on social media?
- Are these things actually bringing you closer to God – OR are they distracting you from what is important to God?
- Do you spend more time online than you spend reading/studying God's Word and sincerely praying?
- Read Philippians 4:8. Are you filling your mind with things that are “true, and honorable, and right, and pure, and lovely, and admirable”? Are you “thinking about things that are excellent and worthy of praise”?

According to Proverbs 15:14, we are what we eat – OR, we are what we do and view online. **Feed on wisdom, and you're more likely to become wise. Feed on trash, and you're headed for trouble.**

If you will seek God with all of your heart, He will help you to make good and positive choices online – and in *all* of your life.